

Jennyoga in the Heights at Winter Street Studios

2101 Winter Street 77007

Class Schedule

Sponsored by:

Jennyoga

www.jennyoga.com

	Monday	Tuesday	Wednesday	Thursday	Friday
TIME	Winter Street Studio	Winter Street Studio	Winter Street Studio	Winter Street Studio	Winter Street Studio
9:00 AM					
9:15 AM					
9:30 AM					
11:00 AM					
12:00 PM					
1:00 PM	Yoga & Qi Gong		Yoga and Qi Gong		
2:00 PM	w/Candice Quinn		w/Candice Quinn		
3:00 PM					
4:00 AM					
5:00 PM				Gentle Yoga	
5:45 PM	Vinyasa Flow			w/Katie Rushing	
6:45 PM	w/ Katalin Axmann				

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www.jennyoga.com

www.texasyogaconference.com

www.texyoga.org

www.texasyogatour.com

