

Water Has Feelings Too!

By Jennifer Buergermeister



(Water, blessed with love and gratitude)

Throughout the ages, it has been an accepted custom to bless our food before we eat. Did we ever really know the significance of the blessing as we held hands in gratitude, with rumbling tummies? Visionary researcher from Japan, Dr. Masaru Emoto, conducted extensive research of water and “accidentally” found that our attitudes – especially “gratitudes” – can affect the quality of water inside and outside of our bodies. Since our bodies are made up of over 70 percent water, I think this research speaks to all of us.



Dr. Masaru Emoto

Dr. Emoto began studying the concept of micro-cluster water and Magnetic Resonance Analysis. This led to his discovery that water takes on various different shapes, depending on its quality when it passes from liquid into a frozen state and crystallizes. He freezes droplets of water, then examines and photographs them under a special dark field microscope. Water from natural springs or a pure source will form gorgeous snowflake crystals. However, water from polluted rivers does not. In fact, the written word alone, when placed on a vial of purified water, changes the quality of crystallization -- regardless of the language and whether or not the researcher speaks it! I know, I know. *What the bleep am I talking about?*

Each snowflake on Earth has its own unique shape and structure. Evidently, so does each water droplet from all the various locations and conditions on the planet.

Dr. Emoto began to study the impact of altering water by utilizing various factors of vibration and consciousness. Over and over, his findings are confirmed and consistent.

Music, names of people, words, prayer and other conditions were used to test the outcome of the water's properties on many different occasions. His research showed that heavy metal and rock music, the name "Hitler" and word phrases such as "I want to kill you" or "I hate you," prevented crystallization and gave the water a murky look.



(Heavy metal music water)



(Beethoven classical music water)



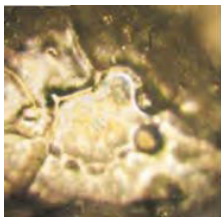
(Dirty river water)



(Kawachi folk dance music)

Classical or soothing music form beautiful crystals, as do the words "thank you, love, joy, peace, Mother Teresa, Jesus and Gandhi." Evidently, the two most important emotions that form these beautiful crystals in water are love and gratitude used together. Isn't that interesting? **H₂O** is like **two Helpings** of gratitude and a heap of **Organic-love**.

All life depends on water, and it is a vital source to our creation. Deep within its molecules themselves emanates the consciousness of our creator. Water is a living liquid crystal. Crystals represent the holographic nature of life. Computer manufacturers use them to store incredible amounts of information and data. So, deep within the molecules of water is the essence of all creation. And the essence of all creation is *omnipresent*, or everywhere at anytime.



(Fujiwara Dam before prayer)



(Fujiwara Dam after a prayer)

Dr. Emoto says that, from his research, prayer at a distance is just as influential to transforming water. We can be thousands of miles away and still bless, for example, the Fujiwara Dam. Why not give it a try? We should all take a moment and bless the oceans, seas, lakes, rivers and reservoirs. Then, with that intent in mind and heart, when humans drink it, bathe, or swim in it they are *transformed* – and our facilitation as healers becomes *global*.

Now, say this with intent: *May all the water on the Earth be filled with flowing love and waves of compassion and gratitude at all times, exponentially with each breath that is created by any life form, now and forever, protected by the light of our creator, never to be interrupted or broken by darkness again. Amen!*

Crystallize that!

Jennifer Buergermeister is a public speaker and author on various healing and esoteric subjects. She is currently a candidate in an Esoteric Studies Ph.D. program. She began her graduate studies at The Institute of Transpersonal Psychology in Palo Alto, CA after completing her undergraduate work at the University of Houston, graduating with honors in Psychology and Journalism. Jennifer is a Spiritual and Life Consultant specializing in Hands on Healing, Body Talk, Clinical Hypnotherapy, Neuro Linguistic Programming, Time Line Therapy, Matrix Energetics and Yoga. She teaches yoga at The Good Space Pilates and Yoga Studio at 5757 Woodway and has an office for spiritual consulting and private practice located at 510 Bering, Suite 330 in Houston's Galleria area. She can be reached at 832-428-0159 or through her website at www.inner-realms.com